

## **Combining Sessions**

If your young person misses a session or you are struggling to complete all activities in your session time, please use the guidance below to catch up and prioritise future activities.

If you are combining sessions, please complete the prioritised activities first. If you have time you can go back to complete more of the content. Remember to spend half the time on each session (e.g. 45 minutes on Session 1 and 45 minutes on Session 2).

This is guidance, and if you feel you need to focus in one area above another please speak with your Programme Manager or join our drop in sessions.

The sessions occur 3 x weekly and take place on [Teams](#) here at 1pm-1:30pm every Monday, Tuesday and Thursday.

### **Session One Priorities**

*The aim of this session is to get a better understanding of your young person and ensure you have a detailed understanding of their motivations and skills to ensure that future conversations on careers match their skill set and motivations.*

- Activity 3 (p12) What motivates you?
- Activity 4 (p13) Strengths and skills

### **Session Two Priorities**

*Try to finish the session with an idea of who you need to recruit as a sector role model. The aim of this session is for the young person to explore sectors they might be interested in and consider if they match their skills and motivations.*

- Activity 2 (p20) Related Careers (Use the [NCS website](#) for this)
- Activity 3 (p.21) Career Longlist
- Activity 4 (p.22) Career Profiles (can just fill out 1 if short on time.)

*If you are still tight for time, just fill in 1 career profile together (explain it's more about the skills of researching the information and evaluating that against their own motivations and skills and so they can do it in the future about other careers)*

### **Session Three Priorities**

*The aim of this session is that your student understands what their post 16 options are. We will go into more action planning with them in the Y11 programme. At this point, the priority is for them to have a good grounding knowledge of the options available to them.*

- Activity 1 (p.29) Pathways Seminar Debrief
- Activity 2 (p.31) What should I study after GCSEs?



- Activity 6 (p.40) Preparing for the sector role model conversation.

#### **Session 4 Priorities:**

*The amount of time you spend on each activity and when you complete them will depend on if and when your Sector Role Model (SRM) is joining the call. If they are joining at the beginning of the session, try to make sure you have at least 5 minutes with your pupil beforehand to discuss what questions they will ask the SRM.*

- Activity 1 (p.45-48) Your Sector Role Model conversation and debrief
- Activity 2 (p49) [Your Final Plans Survey](#)

*Completing the survey is **really important** as it will summarise everything you have discussed in the programme giving your pupil a clear picture of their next steps plan and allow the school to follow up on conversations.*