

Creative Challenges

*Well done on completing all your tasks in the Activity Handbook for today's session!
It's also fine to use this exercise as a fun break!*

These little challenges are designed for you to use your imagination and visualise how you'd approach work projects in your future career.

Find a sector below that best suits your interests and answer the prompt. Tell your coach why you come to your decisions. Have fun and be bold!

Art and Design - You are asked to design a new cinema in Leicester Square. Think about your chosen audience's tastes and what they might want from a cinema. What kind of films are your audience into? Do they want to be entertained? Remember to consider their comfort and enjoyment too.

Creative Writing - You have been employed to write for the National Theatre. Your brief is to write a play with two young protagonists. Who are they? Start writing and get them talking to each other. After every three lines of dialogue, write a stage direction: change the location or make them do something. Repeat and see where your story takes them.

Fashion - You are organising the next Met Gala in New York City. What's the theme? Think about who or what inspires you.

Film and Media - You are the Cinematographer on Wes Anderson's newest comedy film, set in a fictional 20th-century French city. Your main character, a baker, is working all night to bake fifty coconut and pineapple mousse pastries for an important client. What does their kitchen look like? What's your vision for lighting, camera movement, and special effects?

Finance - You are the Director of Football at Crystal Palace FC. The club has signed a new shirt sponsorship deal so you have a higher budget this season. Which areas will you prioritise for investment? Perhaps you want a new manager, or a better academy. Explain your reasons why.

Music - You are the new Glastonbury Festival organiser. Which musicians are headlining your dream three-day line-up and why? Think of the atmosphere and your audience's wide-ranging tastes.

Science - You are David Attenborough's Botanist on his Green Planet documentary. Which plants should he explore? Think of the plants' growth, structure, evolution, uses, or what makes them special.

Sports - You are a leading tennis coach and Emma Raducanu has come to you for help. Wimbledon starts in less than a month. What's your new training programme for her? Be creative with exercise drills, tactics, and mentality.