INDEPENDENT RESEARCH BEFORE SESSION 4: “TELL ME ABOUT YOURSELF”



Pupils and sector role models **cannot share contact details**-this means that this email to the sector role model **must** be passed on by the coach, not by you.

“Tell me about yourself” is a classic interview question. Having a polished answer to use in these situations will help your journey into further education, training or employment.

Your coach is finding an expert for you to speak to next session so this activity will prepare you to write them an email introducing yourself and help you practice for future applications.

**Your email could include the following:**

Introduce yourself - who you are

Why do you want to speak to the expert?

Why does this sector/job/course interest you?

How do your current studies relate to this sector/job/course?

Do you participate in any extra-curricular activities which demonstrate your genuine interest in the opportunity

How does this conversation relate to your future plans?



**Your email:**

Well done!

You’re ready for Session 4 with your coach.

**❗ Send your email to your coach a minimum of three days before your final session - ask your coach if you need a reminder of when that is.**

**Remember to use the three application keys in your email:**

**★ Clear communication**

**★ Evidence of skills and experience**

**★ Evidence of motivation**